Coaching & Mentoring



analysis status quo



Road To Success

evolvement, development & daily task

caneer

people

situations

personality

meaning, health & fitness





Meaning, Health & Fitness



WHAT DOES YOUR HEART BEAT FOR?

HOW DO YOU STAY
MENTALLY AND
PHYSICALLY FIT?





Career



LIVE THE BIG FIVE OF YOUR LIFE & FORGET ABOUT WORK - LIFE -BALANCE

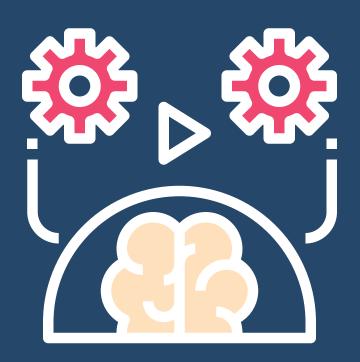
SELF-RESPONSIBILITY & TAKE RESPONSIBILITY

THE TEACHER ALWAYS
LEARNS MORE THAN THE
STUDENT



The less you respond to negative people, the more peacefull your life will become

Dealing With People

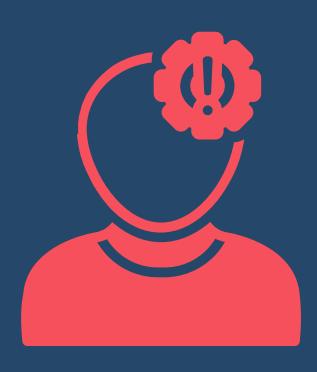


FILLING YOUR
TRUST ACCOUNT WITH
COLLEAGUES, CLIENTS,
BOSSES,
FRIENDS & FAMILY





Dealing with Situations



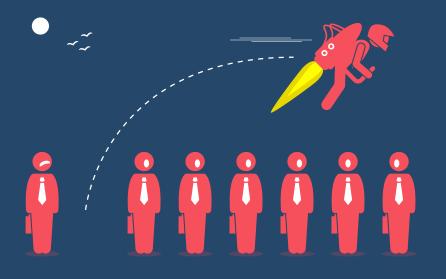
SKILLS REQUIRED FOR

- **V** OLTALILITY
- U NCERTAINTY
- **C** OMPLEXITY
- **A** MBIGUITY





Personality



BECOME THE BEST YOU CAN BE





Competencies



CLIMBING STEPS OF

UNCONSCIOUS COMPETENCE

DELIBERATE COMPETENCE

DELIBERATE INCOMPETENCE

UNCONSCIOUS INCOMPETENCE



Do things for you, not for the approval or satisfaction of others.
You'll attract the people who will matter

Evolvement, Development & Daily Tasks



GARBAGE REMOVAL

KEEP, START, STOP, MORE & LESS

SET GOALS, EXPLAIN STRATEGY & FOLLOW UP



66

Knowledge, goals and evolvement are investments survivig any crisis and not getting lost. They will make you richer!



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SERVICES
INTERIM MANGEMENT
FINANCIAL SERVICES
COACHING & MENTORING
TRAININGS & WORKSHOPS

